Family activity: Naming emotions

Have your child complete the attached Feelings- \underline{k} aa toowú chart. Bring this home, and keep it somewhere you can use it (on the fridge, by a mirror).

When your child seems to be experiencing one of the feelings, ask them to point to the face that matches their feelings. Or, you can point to an emotion and ask if that is how they are feeling.

Family activity: Naming emotions

Have your child complete the attached Feelings- kaa toowú chart. Bring this home, and keep it somewhere you can use it (on the fridge, by a mirror).

When your child seems to be experiencing one of the feelings, ask them to point to the face that matches their feelings. Or, you can point to an emotion and ask if that is how they are feeling.

Family activity: Naming emotions

Have your child complete the attached Feelings- <u>kaa</u> toowú chart. Bring this home, and keep it somewhere you can use it (on the fridge, by a mirror).

When your child seems to be experiencing one of the feelings, ask them to point to the face that matches their feelings. Or, you can point to an emotion and ask if that is how they are feeling.