



Color Sensory Exploration

Explore the items on this table. Take time to look at, touch and talk about them.

- Allow your child to feel each item, one at a time.
- Say the color names out loud, or ask your older child to. Try using the cultural language names.
- Is your child wearing any of these colors? Are you? Try making a connection to this moment.

By feeling, hearing, and seeing these items, your child's brain will build a stronger pathway and understanding of what each color represents.