



Playdough Letters

Playdough is a great sensory activity. Here is a way to build in literacy:

1. Choose an alphabet letter card.
2. Use the playdough provided. Have your child roll the dough into “snakes”, if they are able.
3. Allow toddlers to free play with the dough, or roll pieces for them to try and match with letter shapes.
4. Give a gentle reminder that it is just for hands (not mouths).