



A is for Am'ala

**Am'ala is carrying a lot of weight!
Let's help by placing our hands on the world
to hold it up together.**

Step 1: Trace your child's hands onto the paper provided, choosing the best size available.

Step 2: Older children can practice cutting. Adults, please aid younger children.

Step 3: Help your child write their name on the hand.

Step 4: Using a glue stick, attach the hand to the earth.

Now you are helping hold up the world!

