

NATIVE YOUTH OLYMPICS

FALL 2018 NYO PRE-SEASON AT JDHS



NYO Fall Practice Schedule Juneau-Douglas High School

Starting October 2
Tuesdays after school, 3:45-5:30 pm
Auxiliary Gym, JDHS

Open to all Juneau students

Coaches: Kyle Worl & Kaytlynne Lewis
Contact: kyle.worl@gmail.com, 907-227-4998

One Foot High Kick



Alaskan High Kick and One Hand Reach, photos by Brian Wallace

